



As a Lasagna Love volunteer, I agree to:

1. **Keep confidential all data** related to the families I am matched to, including but not limited to their name, address, contact information, and personal stories.
2. **Adhere to the USDA standards for food safety** ([found here](#)) and the Lasagna Love guidelines on food safety for prep, storage, and delivery ([found here](#))
3. **Uphold the Lasagna Love core values** in all of my interactions with families, fellow volunteers, and the volunteer leadership team:

Empowering.

- We believe in breaking down barriers and empowering those asking for help. We create opportunities for those eager to help make a positive impact and build a stronger, more connected community for all.

Positive.

- Our organization thrives on positivity. We ask “What’s good about this?” in the face of a challenge, adopt a mindset of unlimited possibility, and lift each other up. We strive to be positive in all of our interactions, even (or especially) when it’s hard.

Zero-Judgement.

- At Lasagna Love, we embrace the diverse circumstances of all members within our community. We recognize that everyone's journey is unique, and our commitment to zero-judgment stems from accepting that our perspectives may be limited, but our compassion is not.



Empathetic.

- We understand that asking for help can be very difficult. We are here to help and serve and are doing so out of kindness. Our efforts aren't fueled by applause or expressions of gratitude.

Innovative.

- We seek new and better systems to run our processes, challenge ourselves to learn new skills, and embrace change with open arms. We use technology as a tool to further spread kindness, which begins with doing the best we can to connect community members to promote acts of kindness and love.