



As a Lasagna Love volunteer, I agree to:

1. **Keep confidential all data** related to the families I am matched to, including but not limited to their name, address, contact information, and personal stories.
2. **Adhere to the USDA standards for food safety** ([found here](#)) and the Lasagna Love guidelines on food safety for prep, storage, and delivery ([found here](#))
3. **Uphold the Lasagna Love core values** in all of my interactions with families, fellow volunteers, and the volunteer leadership team:

Empowering. We empower moms, dads, and multi-generational families to ask for help. For so many, this is the first time they have had to raise their hand for assistance. We empower neighbors to connect with and support people in their community, and to step up as leaders.

Positive. Our organization thrives on positivity. We ask “what’s good about this?” in the face of challenge, adopt a mindset of unlimited possibility, and lift each other up. We are unfailingly positive in our communications, even (or especially) when it’s hard.

Zero-Judgement. We believe that anyone who asks for help, deserves help. We don’t pass judgement on our recipient families, and we understand we never have the full story. Just as we don’t pass judgement on our recipients, we don’t judge one another for what or how we are able to contribute.

Empathetic. We understand that asking for help can be difficult, humbling, and even embarrassing. We understand. We are here to help and serve, and are doing so out of kindness: not for praise or a “thank you”.

Innovative. We know that technology is what enables Lasagna Love to operate at scale, with volunteer leadership and limited overhead. We perpetually seek out new and better systems to run our processes, challenge ourselves to learn new skills, and embrace change with open arms.