



As a Lasagna Love volunteer, I agree to:

1. **Keep confidential all data** related to the families I am matched to, including but not limited to their name, address, contact information, and personal stories.
2. **Adhere to the USDA standards for food safety** ([found here](#)) and the Lasagna Love guidelines on food safety for prep, storage, and delivery ([found here](#))
3. **Uphold the Lasagna Love core values** in all of my interactions with families, fellow volunteers, and the volunteer leadership team:

Empowering. We empower moms, dads, and multi-generational families to ask for help. For so many, this is the first time they have had to raise their hand and say that they need assistance. We are zero-judgement – struggling can mean so many things to people during the pandemic. So, if you have raised your hand for help, we are here for you!

Positive. We cheer each other on. We celebrate each other's culinary creations. We value each other's dedication. Each one of us is in a different place and contributes differently, and we are excited for ALL the contributions no matter the size or shape. Just as we don't pass judgement on the families requesting help, we don't judge one another other for what we are able to contribute.

Empathetic. We understand that asking for help can be difficult, humbling, and even embarrassing. While some families offer gratitude, not all find themselves comfortable doing so. We understand. We are here to help and serve, and are doing so out of kindness: not for praise or a "thank you".